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| **Week 2 RESOURCES** |
| *Visioning Techniques* |
| *These techniques help participants imagine the future, usually the ideal future.* |
| **Wish List** |
| *Generating wishes*Ask participants to “let themselves go” and imagine an ideal situation where, for example, they would be granted any wish they want by a fairy godmother, or could win the lottery and have unlimited resources, or by whatever else sets the tone. Select a quiet place without interruptions, or play soothing background music. |
| *Exploring the possibilities*Encourage everyone to review their lists: what did they discover about themselves or the situation? Then take it another step: what would it actually take to make this wish come true? |
| **The Ideal Scenario** |
| Ask the group to imagine what the ideal future or solution would look like. This can be done with words or with images. For example, participants could pour through visually rich magazines, select images and paste them together in a collage. Follow the creation with discussion and exploration. |
| **Time Machine** |
| As another alternative, ask participants to pretend that they can time travel 5–7 years from now into the future. What would the situation look like then? What would have been accomplished? Add whatever questions are relevant to the creative challenge being explored. |
| Inspired by tools in *Flash of Brilliance*, by William C. Miller. Reading, MA: Persus Books, 1999. |